

COMMUNITY ACTION
FOR CAPABLE YOUTH,
INC. (CACY)
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CACY COMMUNICATOR

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CACY'S Core

Purpose: To provide tobacco, alcohol, violence and drug prevention information, education and coordination by bringing together schools, parents, government, law enforcement, agencies, business and community members who work toward making our county a healthier, safer place to live.



CACY will be wrapping gifts for donations at the Richland Mall on the following dates:

12/14/14 1pm-3pm
12/20/14 3pm-6pm
12/21/14 1pm-4pm
12/22/14 9am-1pm

All proceeds go towards prevention programming presented in area schools.

Dangerous Synthetic Cannabinoids- "Cloud 9"

Synthetic marijuana is a drug in which herbs, incense or other leafy materials are sprayed with lab-synthesized liquid chemicals to mimic the effect of THC, the psychoactive ingredient in the marijuana plant. According to the National Institute on Drug Abuse (NIDA), makers of designer drugs are constantly creating new products to evade legal bans on older compounds.

"Mojo," "Spice," "K2," and "Scooby Snax," first became available in the U.S. in 2008 and were frequently marketed as an incense in pouches labeled "not for human consumption" and was legally obtainable from convenience stores and online until 2012

when a national ban was enacted against the sale of synthetic cannabinoids in the U.S. It is reported to cause severe agitation, anxiety, paranoia, raised heartbeat and blood pressure, nausea and vomiting, intense hallucinations and psychotic episodes.

A new compound that has recently emerged, "Cloud 9," "Relax," or "Crown" is sold as a liquid in eyedropper bottles and used in e-cigarettes or vape pens. They are reported to cause hallucinations, aggressive behavior, racing heartbeat, drowsiness and vomiting. Numerous hospitalizations in Michigan prompted the Macomb County Health Department to issue an emergency warning and ban on the sale of these drugs.

According to a 2012 report from the U.S. Substance Abuse and Men-

tal Health Services Administration (SAMHSA), the number of emergency room visits involving synthetic marijuana more than doubled from 11,406 in 2010 to 28,531 in 2011. 75% were among adolescents and young adults ages 12-29.

NIDA encourages parents to talk openly with their children and stay actively involved in their lives. They suggest sharing marijuana research findings with youth to help them sort out fact from myth.



Not One Puff (NOP) Program

A new, free service is available through CACY. Pregnant and parenting teens can receive smoking prevention and cessation services through the Not One Puff (NOP) program beginning this month. A Certified Tobacco Treatment Specialist will meet with participants and offer support, quit kits and resource materials to each teen and their families. The goal is to prevent or eliminate tobacco smoking and nicotine ingestion in pregnant and parenting teens and exposure to

second hand smoke for their newborns and infants.

Richland County has one of the higher infant mortality rates in Ohio, at one time ranking 47th out of 50 states. Infant mortality is defined as the death of a baby before his or her first birthday.

Between 2006 and 2010, Richland County averaged 7.8 deaths per 1,000 births. Healthy People 2020 target rate is at most 6 deaths per 1,000 births. Most Richland County deaths were related to prema-

ture births and low birth weight of which young age of the mother and smoking are factors.

Referrals from agencies or individuals can be sent, faxed or called in to CACY, attention Tracee Anderson, CTTS. Please include name, age, address and telephone number of potential participant. Date of birth or projected birth date of baby is also needed.

Funding for the initial project is being provided by Richland County Foundation Women's Fund.

Resources



“Start the Talk” Underage Drinking Interactive Tool

<http://www.samhsa.gov/underagedrinking/>

The Partnership at Drugfree.org

<http://www.drugfree.org/>

Drug Free Action Alliance

<https://www.drugfreeactionalliance.org/>

Start Talking

<http://starttalking.ohio.gov/Parents.aspx>

National Institute on Drug Abuse

<http://www.drugabuse.gov/>

Too Smart to Start

<http://www.toosmarttostart.samhsa.gov/Start.aspx>

Smart Bet— Problem Gambling

<https://www.drugfreeactionalliance.org/smart-bet>

KnowBullying App

http://store.samhsa.gov/apps/bullying/?WT.mc_id=EB_20140815_KNOWBULLYINGAPP

Marijuana: Facts Parents Need to Know

<http://www.drugabuse.gov/publications/marijuana-facts-parents-need-to-know/talking-to-your-kids-communicating-risks>

What is Synthetic Marijuana?

<http://www.drugs.com/illicit/synthetic-marijuana.html>