

CACY COMMUNICATOR

BULLYING EDITION



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OCTOBER IS NATIONAL BULLY PREVENTION MONTH

October is National Bullying Prevention Month and the message this year is: The End of Bullying Begins with Me. So, what does that mean?

*If you see bullying, report it.

*Stand up for those who are bullied.

*If you see someone alone at lunch or recess ask them to join you.

*Spread positivity throughout your school by showing kind-

ness to others, give those who seem sad a kind note or smile.

What is bullying? Most people agree that an act is defined as bullying when:

- The behavior hurts, humiliates, or harms another person physically or emotionally.
- Those targeted by the behavior have a difficulty stopping it and defending themselves from it.
- There is a real or per-

ceived 'imbalance of power' of the student bullying and the target either physically, socially, or emotionally, such as a higher social status or physically bigger.

- The behavior is repetitive; however, bullying can occur in a single incident if that incident is very severe or has the potential to be repetitive.



OCTOBER 21 IS UNITY DAY: WEAR ORANGE

Unity Day is a day set aside to show you care about safe and supportive schools. It is a day everyone can come together to send one large message of

support, hope, and unity. We wear orange to show we are united against bullying and united for kindness, acceptance and inclusion.



COMMUNITY ACTION FOR CAPABLE YOUTH, INC. (CACY)
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CACY's Core Purpose: To provide tobacco, alcohol, violence and drug prevention information, education and coordination by bringing together schools, parents, government, law enforcement, agencies, business and community members who work toward making our county a healthier, safer place to live.

Jodi Floyd, CACY Prevention Educator is available to answer questions. Please call if you are interested in having a speaker about Bullying. 419-774-5683

Resources



Stopbullying.gov
www.stopbullying.gov

Bullying Statistics— Parenting a Bully
www.bullyingstatistics.org

Bullying Prevention: Parent Information
www.education.com

National Bullying Prevention Center
www.pacer.org/bullying/resources/info-facts.asp

CACY has received grant money from Richland County Mental Health & Recovery Services Board, Richland County Foundation, and Richland Public Health Department to offer a Bully Prevention Program to Richland County Schools. CACY is offering Too Good for Violence(TGFV) curriculum. TGFV teaches students skills they need to safely prevent and resolve conflict, how to handle bullying situations, improve communication and problem solving skills, learn to manage emotions, and have respect for themselves and others.

