

COMMUNITY ACTION  
FOR CAPABLE YOUTH,  
INC. (CACY)  
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# CACY COMMUNICATOR

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## CACY'S Core

**Purpose:** To provide tobacco, alcohol, violence, problem gambling and drug prevention information, education and coordination by bringing together schools, parents, government, law enforcement, agencies, business and community members who work toward making our county a healthier, safer place to live.



## Operation Street Smart Training

Operation Street Smart Training is coming to Richland County on Friday, April 22, 2016 at the Longview Building. Cost is \$30 per person; includes lunch. Operation Street Smart is presented by the Franklin County Sheriff's Department. CEU and RCH credit will be available. Completed registration must be submitted with payment. The registration form is attached.

## Problem Gambling Awareness Month

March is Problem Gambling Awareness Month. The goal of this campaign is to educate the public and professionals about the warning signs of problem gambling and promote how to get help. Here are some common questions about problem gambling.

### Isn't problem gambling just a financial problem?

No. Problem gambling is a mental health issue that responds to treatment. If you pay all of a problem gambler's debts, the person will still be a problem gambler. The real problem is that they have an uncontrollable urge to gamble.

### What kind of people become problem gamblers?

Anyone who gambles can devel-

op problems if they are not aware of the risks and do not gamble responsibly. When gambling behavior interferes with paying for basic needs, relationships and the workplace, a serious problem already exists.

### Can children or teens develop gambling problems?

Youth sometimes participate in illegal forms of gambling, such as gambling on the Internet or betting on sports. Research shows that a vast majority of kids have gambled in some form before their 18th birthday, and that children may be more likely to develop problems related to gambling than

adults. Parental attitudes and behavior play a role. Age of exposure plays a part, in that adults who seek treatment for problem gambling report having started gambling at an early age.

### How much money do you have to lose before gambling becomes a problem?

The amount of money lost or won does not determine when gambling becomes a problem. Gambling becomes a problem when it causes a negative impact on any area of the individual's life.



PROBLEM GAMBLING  
AWARENESS MONTH  
→ HAVE THE CONVERSATION

National Problem Gambling

Helpline: 1-800-522-4700

Problem Gambling Network in  
Ohio: 216-798-8395

## Deadly New Concoction: "Dewshine"

Recently there have been deaths and injuries caused by the homemade concoction known as "dewshine," which is a combination of racing fuel and Mountain Dew, a soft drink.

Racing fuel is made up of 100% methanol, a non drinkable form of alcohol used for industrial and automotive purposes. Ingesting it can cause blurred vision, nausea,

vomiting, diarrhea, seizures, blindness, coma and death depending on the amount consumed.

Methanol is found in anti-freeze, canned heating sources, copy machine fluids, de-icing fluids, fuel additives, paint remover or thinner, shellac, varnish and windshield wiper fluid.

Users believe the poisonous chemical, methanol, can be used as a substitute for etha-

nol, the ingredient in alcoholic beverages that causes intoxication. They are not aware of its toxicity. As little as two tablespoons of methanol can be deadly to a child, according to The U.S. National Library of Medicine.

It is important to make sure children and adolescents understand how dangerous methanol can be and keep those products out of the hands of children and adolescents.

# Resources



## “Start the Talk” Underage Drinking Interactive Tool

<http://www.samhsa.gov/underagedrinking/>

## The Partnership at Drugfree.org

<http://www.drugfree.org/>

## Drug Free Action Alliance

<https://www.drugfreeactionalliance.org/>

## Start Talking

<http://starttalking.ohio.gov/Parents.aspx>

## National Institute on Drug Abuse

<http://www.drugabuse.gov/>

## Too Smart to Start

<http://www.toosmarttostart.samhsa.gov/Start.aspx>

## Smart Bet— Problem Gambling

<https://www.drugfreeactionalliance.org/smart-bet>

## KnowBullying App

[http://store.samhsa.gov/apps/bullying/?WT.mc\\_id=EB\\_20140815\\_KNOWBULLYINGAPP](http://store.samhsa.gov/apps/bullying/?WT.mc_id=EB_20140815_KNOWBULLYINGAPP)

## CADCA's Online Toolkit to Reduce Tobacco Use

<http://www.preventtobaccouse.org>

## Parents Who Host Campaign

[www.drugfreeactionalliance.org/parents-who-host](http://www.drugfreeactionalliance.org/parents-who-host)

## Problem Gambling Awareness Month Information

<http://www.ncpgambling.org/programs-resources/programs/awareness-month/>

CACY is accredited by the Ohio Department of Mental Health and Addiction Services. Funding is received through the Richland County Mental Health and Recovery Services Board, United Way, state and local grants, project sponsorship, private donations and fundraising activities. Any donation is greatly appreciated.



# “Operation Street Smart” Adult Drug Education Program

**Friday April 22, 2016; 8:30am-4:00pm (8:00am Registration Begins)**

**Richland County Longview Center**

**1495 West Longview Avenue Mansfield, OH 44906**

*Lunch Provided*



### Operation Street Smart presented by Franklin County Sheriff’s Department

The award-winning Operation Street Smart will provide current and up-to-date information on narcotic (opiate and other drug) trends, terminology, paraphernalia and physiological effects on drug users to those individuals who deal with today’s youth and families on a daily basis. The target audience for street smart includes teachers, school resource officers, probation officers, youth service workers, school administrators and school board members, youth pastors, parents and concerned citizens. Information is power to help combat the current drug epidemic.

**Please complete the bottom portion of registration and mail to CACY, 1495 West Longview Avenue, Suite 104, Mansfield, Ohio 44906 with payment no later than Wednesday April 13, 2016.**

**No registrations accepted day of training. CEU/RCH requires license number upon registration**

Questions contact: [andersont@cacyohio.org](mailto:andersont@cacyohio.org)

### Operation: Street Smart Training

**Friday April 22, 2016**

**8:30am to 4:00pm (6.5 CEU/ RCH credits)**

**Richland County Longview Center, 1495 West Longview Avenue, Mansfield, Ohio 44906**

**\*Complete separate registration for each participant\***

Name:	Agency/Business:
Telephone Number:	Fax:
Email:	Occupation:
Address:	City:
State:	Zip Code:
Lunch Preference: _____ Regular _____ Vegetarian _____ Gluten Free	

**Please check appropriate continuing education credit:** \_\_\_\_\_ CEU \_\_\_\_\_ RCH \_\_\_\_\_ General

Professional License Number: \_\_\_\_\_



CEU hours provided by: \_\_\_\_\_, 741 Scholl Road, Mansfield, Ohio 44907, RCH hours provided by the Richland County Mental Health & Recovery Services Board

**Payment (made payable to CACY, Inc. and returned to 1495 W. Longview Avenue, Mansfield, Ohio 44906 by 4/13/16): \$30.00 per person (must be received with registration)**

\_\_\_\_\_ check or money order \_\_\_\_\_ purchase order # \_\_\_\_\_