

Community Action for Capable Youth, Inc. (CACY)  
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**Federal Tax Identification:** Non-profit Corporation ID 34-1503726

**Date of Incorporation:** January 24, 1985

Govern by a nominated and elected Board of Trustees with designated terms of service.

**Mission:** To encourage the quality of life and positive development of capable youth by promoting a drug, alcohol and tobacco free way of life through education and prevention activities done in coordination with youth service providers, parents, community leaders, law enforcement and educators.

**Scope of Service:** Alcohol, tobacco, drug and problem gambling prevention services.

**Goals:** 1) Reduce Morbidity/Increase Abstinence; 2) Increase knowledge of youth and adults who perceive ATOD (alcohol, tobacco and other drug) use as risky or harmful; 3) Increase knowledge of ATOD use and effects; 4) Increase youth who delay onset of ATOD use; 5) Increase ATOD resistance skills; 6) Increase community change/Mobilization, Capacity and or Sustainability by increasing or establish community laws, policies and norms that disapprove of underage alcohol, tobacco and drug use.

**Service Strategy Provided:**

- Information Dissemination-Focus on building awareness and knowledge of the nature and extent of substance use, abuse and addiction and the effects on individuals, families and communities, as well as the dissemination of information about prevention. It is characterized by one-way communication from source to audience, with limited contact between the two. This strategy is part of a comprehensive evidence-based approach.
- Education- Focus on the delivery of services to target audiences with the intent of influencing attitude and/or behavior. It involved two-way communication and is distinguished from information dissemination by the fact that interaction between the educator/facilitator and participants is the basis of the activities. Activities influence the critical life and social skills including decision-making, refusal skills, critical analysis and systematic judgment abilities. The target audience does not include individuals already diagnosed with addiction.
- Community Based Services- Focuses on enhancing the ability of the community to provide prevention services through organizing, training, planning, interagency collaboration, coalition building and or networking.
- Environmental-Focuses on a broad range of services geared toward reducing the incidence and prevalence of substance use/abuse and addiction in the general population. Community norms and access to and availability of substances are modified through media, messaging, policy and enforcement activities.